

Hospice Spring 2022



Welcome to the Spring Edition of Hospice News



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Maidstone Road, Pembury, Tunbridge Wells, Kent, TN2 4TA (f) (y) (in) www.hospiceintheweald.org.uk Registered Charity No. 280276

FR Registered with FUNDRAISING REGULATOR

Welcome to Hospice News!

This edition contains updates and information from Hospice in the Weald, including our upcoming fundraising activities. There are also stories kindly shared by patients and their loved ones.

If you would like to share your story, or have an idea for a fundraising event, please get in touch with us using the contact details at the bottom of this page.

Receive Hospice News by Email

We also send Hospice News by email. If you would prefer to receive Hospice News in this way please do let us know by:

- Adding your email address to the 'sign up to receive our newsletter' link on our website, hospiceintheweald.org.uk
- Contacting Sue Massey, Communications and PR Manager, on 01892 820 533 or sue.massey@hospiceintheweald.org.uk

Thank you for supporting the Hospice, we look forward to keeping in touch.

Sue Massey Communications & PR Manager

Front Cover image showing Gordon and his two sons, Brad and Lewis.

Supplied by Brad Inglis

Update from our Chief Executive: Looking back can help us move forward



Nick Farthing, Chief Executive

Since the last update I wrote for Hospice News, I have been confirmed in post as Chief Executive on a permanent basis. I am so pleased to be continuing to work alongside our nurses, staff, volunteers and of course you, our wonderful supporters.

This edition of Hospice News focuses on the importance of remembering loved ones, and the many ways in which we support people to do that. Jackie's story on pages **10-11** demonstrates just how important remembering someone can be in helping us find a way to navigate loss, adjust to change and to come together as a community.

Remembrance Ribbons are the latest addition to the many ways in which you can celebrate the life of someone close to you.

On page 4, Oriana shares her memories of her father Paul, who was cared for by our Hospice Nurses. Her postcards and photographs capture happy memories that she and her family will treasure. You can read more about Paul and how Oriana is celebrating his life, or watch their story on our website.

I know that many of you will have remembered your loved ones with us over the years, and I hope you will continue to do so in whichever way suits you best.

"We often talk about patient choice but having a choice in how you remember your loved one is incredibly important too."

A number of you choose to remember your loved ones by taking part in our events each year. The popular **Moonlight Walk** returns to our calendars this year, you can read more about this on **page 8**.

I hope in the coming months to see many of you at our events, or in our shops, or perhaps remembering someone important to you in whichever way you choose.

> Nick Farthing Chief Executive



"Everyone who knew my Dad, Paul, knew how generous and what a gentleman he was, and that came through in the cards and letters we received from friends and family, when he died. Now the postcards and letters he sent to me, throughout my life, hold some of my most treasured memories of my Dad.

Growing up, he was always interested in what I was doing, whether it be homework or hobbies. He always wanted to understand what it was that I was doing no matter even when he was far away abroad for work when I was younger. My Dad was extremely proud, and I feel lucky to have had that growing up and all throughout my life.

"He would always, without fail, send postcards, and bring back presents from wherever he had been."

I've got an entire album full of postcards from whenever he went away, and reading through them recently, it was so apparent that he was always thinking of us. Family was so important to him. No matter how far away my Dad was, he was always there. It felt like my Dad was there telling me a story, even though he was on the other side of the world it felt like he was beside me, telling me about his adventures. I'd always be eager to receive them and when I read



his short verse about his trip, it made me feel really close to him, despite the distance between us.

The last card he sent to me, from hospital, was hard to decipher due to his brain tumour, but he still sent me that card, and it's one of the most important to me. He was asking me to book a trip to visit the Savoy Hotel for my Mum's birthday. He was still trying to plan special occasions and carry on sending postcards, even when he was very unwell.

I'd like for us to go to the Savoy at some point – that was one of his final wishes, to go there with the family. It'll feel odd not having him there, but it will be a lovely thing to do together to remember my Dad.

It's tough knowing that was the last postcard I'll receive from my Dad. I'd do anything just to hear the letter box rattle with one more postcard from my Dad. When I read them, I hear his voice - and I'd give anything to hear him telling one more joke or story.

"At the Hospice, I had given him a Teddy bear for Father's Day, and I'd tucked it into the nook of his elbow and that would always be with him."

The nurses made sure that it always remained proudly in place. One of the last things Dad said was that he liked having the bear there with him. I was always astounded at how they always made sure



that was there even amongst their busy work dealing with medication and personal care.

The team at the Hospice were so warm and friendly, it felt completely different to any hospital we'd been to. There were no visiting hours, we could come and go freely, without having to check in with anyone. Life without Daddy has been an adjustment, to say the least. Sometimes it just doesn't feel real. There's a hole in my life now. I don't think that time heals, but I do think time helps you to get used to this new reality. I might forget that he's gone and then suddenly it hits me that it's forever now – I won't see him again, but we have good memories to treasure, as well as lots of postcards and photos, and we'll keep making memories. He's part of us and is everywhere in our lives."

Read and watch more about Oriana's Story by visiting our website hospiceintheweald.org.uk/news-and-stories

Remembering Loved Ones

Remembering anyone

important to us is an

opportunity to celebrate their

life or come together with

friends and family.

Here are some suggestions to help

you remember your loved one.

For more ideas or inspiration,

please visit our website.

Remembering Loved Ones



Remembrance Ribbons

Dedicate a Remembrance Ribbon to your loved one, adding colour to the beautiful Hospice Gardens as they begin to blossom this spring.

Our vibrant new remembrance campaign will see lengths of colourful ribbon hung from a tree in a collective show of remembrance within the Hospice gardens in Pembury and at Cottage Hospice in Five Ashes.

A Remembrance Ribbon is a perfect way to remember someone special this spring. We will handwrite the name of your loved one onto a length of ribbon, before tying it to the tree of your choice, where it will dance in the breeze this May. Ribbons will be hung from Saturday 30th April and will remain in place until mid-June.

Service of Remembrance

View the ribbons & join us for a remembrance service led by our Hospice Chaplains, in the Hospice Gardens.

Saturday 28th May, 1pm Hospice in the Weald, Pembury, TN2 4TA

Arrange your remembrance ribbon by returning the dedication form in



Set up a Tribute Page

Create a space to share memories, photos and messages with loved ones – a lasting tribute page. Create your own online tribute page via our website dedicated specifically to your loved one, with space to remember them for as long as you wish, including precious memories, messages, photos, videos and music as well as light virtual candles or give virtual gifts. Alongside other remembrance activities, families often create special online spaces to revisit on anniversaries or birthdays, to share treasured memories.

Memory Orchard: Dedicate a leaf to someone special

Our Memory Orchard sculpture sits within the stunning Hospice gardens in Pembury, overlooking local orchards and oast houses. Each tree branch holds treasured memories of loved ones inscribed on copper leaves. You are invited to add a bespoke engraving in tribute to someone special to hang upon the tree for a year, or longer, for a suggested donation. After a year you may wish to take it home with you, to treasure.

Join **#TeamWeald** for your next challenge





Have you got a place in a challenge event or do you need support in planning an event in memory of a loved one?

Then why not nominate Hospice in the Weald as your chosen charity.

We can support you in your fundraising, or you may consider planning an event in memory of someone themed on their hobbies or interests.

We don't ask for a minimum pledge, simply raise as much as you can to help raise the £8 million needed each year to provide vital Hospice care in our community.

For more details on Remembrance Ribbons or other ways to remember your loved one visit hospiceintheweald.org.uk or contact Gemma Millen, Relationship Fundraising Manager, on 01892 820 533 or email gemma.millen@hospiceintheweald.org.uk

Remembering Loved Ones



Our popular Moonlight Walk is back – returning to the beautiful Knole Park in Sevenoaks on Saturday 25th June.

After a break due to COVID-19, we are inviting hundreds of walkers to set off together at 7pm to walk the circular eight-mile route by moonlight, setting the path aglow with lanterns.

Moonlight Walk provides an uplifting opportunity to remember loved ones and truly celebrate their memory.



Sign up online now! Registration is just £25 for adults and £15 for children, under the age of 16. Remember • Celebrate • Donate



There will be refreshments and entertainment at the event village for participants and supporters to enjoy from 6pm and upon their return.

Join us for this shared experience that raises vital funds for the Hospice, ensuring we can be there for everyone in our community with terminal illness, whenever they may need us.



To join us, visit our website or contact Leigh Poppy, Relationship Fundraising Manager on 01892 820 533 or leigh.poppy@hospiceintheweald.org.uk

Gordon's Story



Gordon's Story Making the most of my last moments with my sons

Aged just 57, Gordon has been staying on our In-Patient Ward after being diagnosed with terminal bone cancer in late 2021.

"When the doctors first told me they wanted to refer me to the Hospice, it was an adamant no.

After coming for a trial, I realised it's the best place, I couldn't imagine being anywhere else. 24/7 they're there – if you need to talk, or need them to do something for you, they're there. The gardens are great, most days I get out there for a walk, it helps me clear my head. Being at the Hospice has helped prepare me mentally, and that has helped me to prepare my sons, Lewis and Brad.

" Telling your children you're not going to be around for as long as you'd hoped is difficult, and was still difficult, but the Hospice helped me to do it."

I'm incredibly proud of them and hope they can bounce back – if I can show them I'm soldiering on to the end, they can keep going, and be stronger for it. I enjoy every second with them – they visit as soon as they finish work, and we're spending quality last moments together. I love them to bits. I look back at my fondest memories, spending time with my sons, teaching them to ride a bike, watching them leave school and more recently getting married. Every day they make me proud, and I'll miss them. If I'd not come to the Hospice, I could have stayed with either of them, but I didn't want them to have to care for me and sort out my medication. Here, the kind nurses and doctors do all that, and I don't have to worry.

"We can continue to make the most of these quality last moments, leaving me in control of those memories."



I want them to remember me as not falling apart, as strong, as me - I'll be the crazy father they've always had. This way, I'm in control, and they'll remember me as I was. I want them to continue making me proud, and they know that's what I want. When I'm gone, they'll still have each other, and their mum, and their families, and I know if they need it, the Hospice would be there to offer them support too."

Gordon died at the Hospice a few weeks after this interview. His sons Lewis and Brad have shared this story in memory of their dad.

Jackie's story: Remembrance Ribbons

Jackie shares the story of her mum, Pat, and how coming together to remember her brought a sense of community that she shares now in our Remembrance Ribbons campaign.

"When I remember my mum, I think of the things she loved and were a key part of her life; her family, her friends, her gardening, and fundraising for the Hospice. The Hospice became a big part of her life over 40 years ago.

With a career spent in nursing, my mum knew how Hospice in the Weald could provide the extra support and end of life care that all of us want for our loved ones. In the 1980s mum's personal experiences combined with her professional knowledge, and she saw the need for local Hospice care more clearly than ever.

She cared for both of her parents-in-law round the clock, as they reached the end of their lives, in the family dining room, unable to be cared for in their own home. My grandparents both died in different settings to those my mum hoped to deliver. She did her best, and she was a fantastic nurse, but she felt the end of their loves could have been more comforting, for them and for us left behind."

A force for good

Pat's experiences inspired her to start fundraising for the Hospice. She joined a Friends' Group in Sevenoaks, and the Hospice became part of her life.



Pat (centre) with daughter Jackie (right) and granddaughter Bronwen

Jackie explains: "My mum raised many thousands of pounds over the years, from collecting donations, to setting up the Knockholt Nearly New sales so fondly remembered to this day. Her fundraising started from truly understanding how Hospice care would help local people. She became a much-loved local face and member of the community, and we were so proud of her fundraising and achievements."

"It seemed fitting that all these years later, when Mum was in need of Hospice care, it was there."

In 2017, Jackie was diagnosed with breast cancer which prompted Pat to be checked, discovering she also had a lump. They sometimes had treatment together in hospital, which brought them even closer. Pat was living in a care home when she died from COVID, with complications from Parkinson's, in January 2021, and Jackie found the Hospice's support invaluable at the end of her mother's life. She explains:

"I was fortunate to be with Mum for her last week, and having learned from the Hospice nurses, I ensured she had the best ending with their help. We played her favourite music and talked to her. she knew she was not alone, and she did not suffer."

Coming together in remembrance

In September Jackie arranged a memorial service for Pat, celebrating her life with a Flower Festival. "Mum's memorial was a celebration of her life with a Flower Festival at Knockholt Church. It was so cathartic for me to be able to bring our village friends together. They all spoke about Mum and we shared happy memories. Remembering our loved ones can be painful, but it can also be a happy time."



To remember your loved one this spring, return the attached donation form and we will place a Remembrance Ribbon on the tree of your choice.



"This experience reinforced how important and precious the ending of life can be, and for those of us left behind, the way in which someone leaves us has a profound impact on our grief. The Hospice helping Mum have a good end to her life truly did help me and my family in our grief."

I am supporting the Hospice this spring by hanging a Remembrance Ribbon in memory of my mum. Please join me by adding a wonderful

ribbon to the trees too.



this is worth £25.00 to Hospice in the Weald.

Title

Signature

Please complete these details and send the form to: Hospice in the Weald, Fundraising Department, Maidstone Road, Pembury, Tunbridge Wells, TN2 4TA or use the envelope enclosed

Jackie's story: Remembrance Ribbons campaign

Step 2: Your Details

Title	First Name
Surname	
Address	
	Postcode
Telephone	Date of birth
Email	

If you have supplied your email address please tick here to confirm that you are happy for us to use this to communicate with you about other Hospice related activity.

I would consider leaving Hospice in the Weald a gift in my Will. Please send me information about the free Will writing service I can access through the Hospice.

Thank you for supplying us with your contact details. By choosing to make a donation, we believe you have a Legitimate Interest in hearing more about the work of Hospice in the Weald, and we will use your data to keep you up to date. At any time you can manage your preferences by visiting our website: 'Our Supporter Promise'; or by phoning or writing to us.

Step 3: Gift Aid it

Gift Aid is a simple way to increase the value of your donation to Hospice in the Weald, at no extra cost to you. If you are a UK taxpayer, Hospice in the Weald

can reclaim the basic rate tax (25%) on your donation. If you donate £20.00 using Gift Aid, giftaid it

Please tick the box and sign below.

I would like Hospice in the Weald to reclaim tax on any of the donations I have made in the last 4 years and any future donations I may make. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

Date

Yes! I would like to remember my loved one

Step 1: Type of Donation

One-off Gift: I wish to donate	e £
In Memory of	
Please hang my ribbon(s) at: Hospice in Pe	embury 🗌 Cottage Hospice, Five Ashes 🗌
Type of card	
Name on card	

Card number	
Start date	Expiry date
Issue number	Security code
(if applicable)	(this is the last 3 digits printed on the back of the card

Regular Gift via Direct Debit

I would like to make a \Box monthly \Box quarterly \Box yearly

donation of: **£5 £10 £20 Other £**

Paying by Direct Debit helps to keep our costs down and means more of your money goes directly to the Hospice.

DIRECT Debit 8 3 9 5 4 2

Please complete these details Instruction to your bank or building society to pay by Direct Debit

To the Manager (Bank/building	5 society)
Address	
	Postcode
Name of account holder	
Sort code	Bank/building society account number
	its from the account detailed in this instruction subject to the safeguards erstand that this instruction may remain with Hospice in the Weald and, if so,
Signature(s)	Date
anks and building societies may not acc	cept Direct Debit instructions from some types of account

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Welcome to Living Well

How Living Well has helped me

Gillian, pictured below, who was diagnosed with ovarian cancer in 2018, explains the benefits of the Living Well Programme, which she currently attends online. "This has helped me more than I can possibly say, making new friends who I could empathise with, who had similar issues and so we could help each other. There is no judgement, everyone is in a similar position, just on a different journey." As part of her programme, Gillian attends a seated exercise class which she says helps her physical and mental well-being and finds relaxation classes particularly beneficial, using the calming techniques whenever she needs to relax. She also attends watercolour painting.

"I was a little nervous of joining, as I had never attempted water colour painting. I needn't have been, as the group are such fun. I find it totally absorbing and enjoy the serenity it brings me."

Gillian looks forward to receiving boxes of materials sent by the Hospice for online craft sessions, creating painted mugs, scented soap and air-dried clay pieces.

"We laugh when things go wrong, but I feel a real sense of achievement when I finish a project. It helps to rebuild some of the confidence that I have lost whilst living with my illness."



Our team will be in touch with patients and families directly to invite them to develop their personalised 12-week programmes. In the meantime, find out about our current range of virtual support and activities by visiting hospiceintheweald.org.uk or contact Steph Hall, Head of Living Well, on 01892 820 509 or stephanie.hall@hospiceintheweald.org.uk

Welcome to Living Well

We are welcoming patients and families back to the Hospice in-person this spring, with tailored programmes of support at our Living Well Centre.



Living Well is the new name for the former Hospice Day Service which we have given a new title to better reflect the type of support we are offering to those living with terminal illness.

Patients and their loved ones can work with our staff and volunteers to develop a 12-week, personalised programme. This includes processing the implications of diagnosis and setting goals, which can be hugely beneficial in helping those who may feel disempowered or overwhelmed regain some control over their lives.

A range of activities and complementary therapies are on offer, in a COVID-safe

environment, providing an escape from hospital appointments and giving patients time to process all that is going on in their lives.

Steph Hall, who joined the Hospice in January as Head of Living Well, said:

"We are looking forward to seeing patients in person to help them develop programmes tailored to their needs and goals. These will be offered alongside the continued virtual support groups.

We'll also be inviting people to focus groups to find out what will best help them."

Please make payable to Hospice in the Weald.



"The programme gives structure to my week and purpose to my days. Anyone living alone will understand how it can bring companionship and laughter into your life. I can be distracted and don't think about my illness. The opportunities to learn and develop new skills to help you regain some control of your life is incredible."

Innovation & support: Children's Service update

We have been working with local families, hospitals and other children's services to help design a service to meet the needs of local children and those important to them. Here we bring you the latest developments.

Time to Play

Families have said that finding time and space to help their children play can be challenging. At present, local families need to travel for up to an hour to find suitable activities. We will introduce day activities at our Pembury building for children, siblings and parents, providing a safe and local space for them to play.



Engagement

We have previously written about the importance of participation, one of the rights of children; it is about having their views and voices listened to. We have been meeting with families to hear their views and needs as we design the service.

Emotional Support

Families have told us that they currently struggle to access emotional support and would find this useful in staying resilient while caring for their child, so we will be extending our Counselling & Support Service to offer this to parents and children.

Home Visits

Home visits will be key, as families have told us that seeing children in their own homes helps reduce hospital trips and allows them to stay in familiar surroundings, where they feel safe.



Support our new Children's Service by attending our Gala Dinner (see opposite) or to find out more about our Children's Service, visit hospiceintheweald.org.uk or, please contact Tracy Smith, Head of Children's Service, on 01892 820 502 or tracy.smith@hospiceintheweald.org.uk

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Celebrating the launch of our Children's Service

We are hosting a celebratory Gala Dinner in aid of our new Hospice in the Weald Children's Service this summer. Set in the stunning grounds of Tonbridge School, overlooking the renowned cricket green on the evening of Thursday 7 July, you will enjoy an exclusive evening of live music, three-course meal, quality entertainment and dancing, with a few well-known faces to mingle with.

Funds raised from the Gala Dinner will help launch our Children's Service this year, which will provide a range of services to support children with life limiting conditions and their parents.

Tickets are selling fast! Book your place now at: hospiceintheweald.org.uk







Help support our new Children's Service by booking tickets or your table of eight for our Gala Dinner by visiting our website, or contact **Katie Hook**, **Relationship Fundraiser**, on **01892 820 533** or **katie.hook@hospiceintheweald.org.uk**

Thursday 7th July | Tonbridge School

Gala

Dinner

Thursday 7th July

Tonbridge School

Open Gardens bloom again

Enjoy some of the finest private gardens across Kent and Sussex this spring and summer, with the return of Hospice in the Weald's Open Gardens.

Cottage gardens, wildlife havens or village walkabouts take this rare opportunity to enter the gates of more than 30 gardens opening to the public in aid of the Hospice.

Events start in May at Lyewood House, Withyham right through until September and include popular venues such as

Long Barn in Sevenoaks. Special thanks to sponsor Coolings Garden Centre, also offering a tour of their Knockholt greenhouses, complete with cream tea on 5th May. **Tickets for this and some other gardens need to be pre-booked, so visit our website for the full calendar.**

For more information visit hospiceintheweald.org.uk or contact Kathryn Cracknell, Relationship Fundraising Co-ordinator, on 01892 820 533 or kathryn.cracknell@hospiceintheweald.org.uk

Leaving a gift in your Will

Pat, whose story is shared on page 10, continued her lifetime support of Hospice in the Weald thanks to a gift in her Will.

"Mum made the decision to gift Hospice support to others when writing her Will; she left a donation for the Hospice which means her fundraising legacy will continue. Knowing the Hospice will be there for others in the future meant so much to her."

Jackie, Pat's Daughter.

With this gift befitting of a supporter who cared so much about the work of the Hospice, and indeed who herself benefitted from the care we provide, Pat has helped to ensure that we continue to be there for patients and those important to them. One in every five patients cared for by the Hospice has their care funded by a supporter leaving a gift in their Will. Costing nothing in your lifetime, leaving a gift in your Will is the perfect way to thank our Hospice nurses for care received, and to ensure it is there for those who will need it in the future.

Every pound donated is hugely appreciated and means Hospice care will continue to be available, free of charge, for all who need it.

Make or adjust your will using our free Will writing service via our website.

Contact Gemma Millen, Relationship Fundraising Manager, on **01892 820 533** or **gemma.millen@hospiceintheweald.org.uk** Save the date

Highlights of just some of our upcoming events to take part in this year.

Soapbox Stars Kart Race Saturday 25 June

Tunbridge Wells Soapbox Stars Kart Race, organised by Chatty Hatters, is returning to Dunorlan Park. Enter a team of up to six adults



to six adults to reserve your kart chassis. Entry deadline is 1st April, and costs £599+VAT with a £250 sponsorship minimum.

Please get in touch if you can volunteer on the day. Visit **hospiceintheweald.org.uk** or contact **Rebecca**

Lindsay, Relationship Fundraising Manager, on 01892 820 533 or rebecca.lindsay@hospiceintheweald.org.uk



Hospice Run Sunday 18th September Sign up to secure your place for Hospice Run 5K and 10K routes at the Lower Cricket Ground, in

Tunbridge Wells.





Royal Parks Half Marathon Sunday 9 October

Join our team to run the first and original Central London half marathon. Join us for this stunning 13.1mile route which takes in the capital's world-famous landmarks and beautiful Royal Parks.

Sign up today at hospiceintheweald.org.uk or contact Kinga Korzeniewska, Relationship Fundraiser, on 01892 820 533 or kinga.korzeniewska@hospiceintheweald.org.uk



Thanks and Inspiration

Here are a just few examples of the fantastic support we receive from across the community. For more ideas and fundraising inspiration, or to create your own, please visit our website: hospiceintheweald.org.uk



Thank you to the **Marquess of Abergavenny DL** and longstanding supporter **Sonia Burt** for planting a tree in a ceremony held at Cottage Hospice in January to mark The Queen's Platinum Jubilee.

Huge thanks to **Biddenden Arboriculture** for chipping Christmas trees collected as part of our first tree recycling service. We had an amazing response with demand exceeding availability; thank you also to all our lovely supporters who donated and registered their tree. The woodchip has been used in our gardens at our Hospice in Pembury and our Cottage Hospice in Five Ashes.





Magical members of the **Unicorns running** group raised an incredible £2,513 in memory of Tracy Humbles and Linda Mantle. The Unicorns took part in the Tonbridge Half Marathon in October in memory of their friends to raise money for the Hospice, which provided care and support to both ladies at the end of their lives.

Join us! Could you Volunteer? Due to the success of the Christmas tree service, we will be running it again next year. If you're a local business or individual with access to a vehicle, you could support our patients and those important to them by helping us collect trees. Please contact Jesse Ansbro-Brett, Relationship Fundraiser on jesse.ansbro-brett@hospiceintheweald.org.uk or 01892 820 533. Thanks and Inspiration

Alan and Linda Heyes along with neighbours Sean and Chris Belton have together raised more than £6,000 in donations from passersby visiting the Christmas illuminations at their Hawkenbury Road homes over the past four years. Thank you!



Thank you to **Izzy Towse**, aged 10 years, who decided in December that she would have a sort out of her toys and held a sale outside her house for other children to bag a bargain. She raised a fantastic £103.66. Izzy is a superstar fundraiser in the making!

Thanks to all stall holders and visitors who joined us for our **Christmas Market**, along with Father Christmas, who sat on the balcony of his log cabin meeting children.



We want to send a big thank you to **Pru** and her fabulous team at **Blazer Bears** for making these incredible bears, lovingly made using left over Hospice t-shirts and running tops. They will soon find their forever homes, helping to raise money to support our new Children's Service.



Thank you to our Hospice Hero and neighbour **Pippins Farm,** who have supported us for over 10 years, most recently supporting the Hospice by allowing us to use their land to chip Christmas trees, and for parking for our Christmas Market, Starlight Stroll, and Light up a Life. Tom and his crew at Soul Fit took on a challenge with 12 teams of four participating in workouts over two days – phew! Great fun was had by all, raising a fantastic £1,000. Thank you to all involved.



Special thanks to Joan Pine for her tireless support of the Hospice. Joan, 88, who has been volunteering for over 26 years in our Tonbridge charity shop, knits all year, donating her knitted items, from The Clangers, Nativity and Noah's Ark sets to character hats, jumpers, mittens for our Tonbridge shop, all of which are gift aided to bring in extra funds.





Moonlight

Moonlight

Moonlight

Remember Celebrate Donate



Saturday 25th June 7pm

THE VINE GARDEN SEVENOAKS

Sign up at hospiceintheweald.org.uk

Or contact Leigh Poppy, Relationship Fundraising Manager, on 01892 820533 or leigh.poppy@hospiceintheweald.org.uk