



Celebrating our amazing Hospice Nurses



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A New Look Hospice News!

You might notice that Hospice News has been updated. Hospice News has been an important way of sharing our activities and thanks with you, our supporters, for decades. From time to time, it needs an upgrade to make sure it is as good as it can be.

We hope you'll agree that this latest refresh gives it a more modern feel, and makes reading easy, but with the same stories and updates that you know and love.

Our website has also been updated to make information easier to find – visit hospiceintheweald.org.uk to see more!

Receive Hospice News by Email

We also send Hospice News by email. If you would prefer to receive Hospice News in this way please do let us know by:

- Adding your email address to the 'sign up to receive our newsletter' link on our website, hospiceintheweald.org.uk
- Contacting Tor Edwards, Development & Communications Director on **01892 820 502** or email tor.edwards@hospiceintheweald.org.uk

Thank you for supporting the Hospice, we look forward to keeping in touch.

Tor Edwards
Development & Communications Director

A word from our CEO: A New Chapter with the Same Goal



Nick Farthing, CEO

Hello, I am Nick Farthing, the Acting Chief Executive of Hospice in the Weald. For the past 11 years, Rob Woolley has been our CEO and has written these updates. He has recently made the decision to retire, and having worked closely with Rob, I have stepped in to fill the position until a recruitment process is run.

A number of our supporters will have met Rob over the years and even more will have seen the impact that he had as Chief Executive. The Hospice has grown and reached more families in this time. After 11 years of service to the organisation and local community, we wish Rob the best for his retirement.

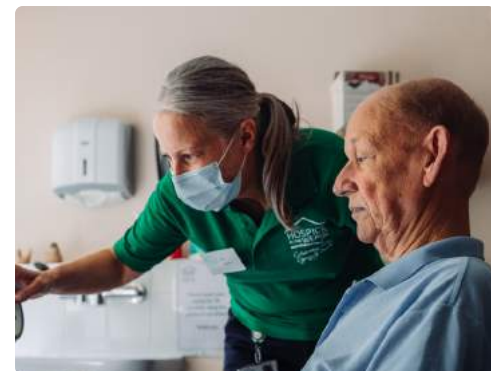
Whilst this may seem like quite a change for the organisation, in reality, our focus and work remains the same: to ensure everyone who needs Hospice care will get that care. I am pleased to be picking up the baton and serving our local community in this way.

You will see that Hospice News has an updated look and feel to make our updates easier to read and share. In this edition you will hear from Siobhan, who shares her story on page 10, and from Caroline who explains how the Hospice supported her husband Chris on page 8.

This edition also contains further information about the launch of our Children's Service. After over 40 years of serving the adult population in our local community, we will be extending that care to children and young people too. You can read more about this on page 6.

It is also time to think about Christmas and plan our festive celebrations. After a difficult year and a Christmas which most of us spent apart from our loved ones, I hope you will join us at an event or celebrate with us in some way this year. There is a wide selection of festive activities on pages 14 and 15, so we hope to see you at some of them!

As a valued supporter of the Hospice, I hope you will stay with us for this next chapter, and with your support, we can make sure the future of Hospice care for the local community is bright.





Steve's Story

Steve has taken on a huge number of challenges to fundraise in memory of his cousin Richard, who was cared for on the In-Patient Ward. Here, he shares his story and motivations for fundraising.

"I grew up in Paddock Wood and have lived in the area all my life. I moved away to university, worked on a Disney cruise ship and did some backpacking, but I came back to Paddock Wood so I've always been a local really.

I've always been a big believer that you're only as good as the people you have around you. I'm lucky, I have a loving family and some fantastic friends.

Having grown up locally I've always been aware of the Hospice and the amazing support they have provided to friends and family. Playing football for Pembury meant I used to drive past the Hospice, so I always knew it was there.

Then the Hospice cared for my cousin Richard after he had been diagnosed with a brain tumour. He spent his last few months here aged just 19. That was the time when I really understood how important the Hospice is.

Richard was a great lad, polite and funny. He was my younger cousin, he played rugby and was super smart, he did great at school. He was here at the Hospice for his last few months. He loved his sports, especially cricket and rugby. He was cheeky, a typical teenager but with a big heart.

At the time it didn't really hit me that the money has to come from somewhere to pay for the Hospice. When I realised, that was a bit of a kick start. I started cycling and running and the momentum built from there.

The first event I did was the Wheels Around the Weald cycling event for the Hospice in 2015. I built up my cycling and did my first half marathon, and then I got the bug.

In the beginning I struggled to do 5 or 10 miles on the bike or even 3 or 4 miles on a run.

You start to realise what you can do when you put your mind to it, and that reflected back to Richard – he was only 19 and he didn't have the opportunity to do these things. So I needed to make the most of what I had!

I kept progressing, in 2017 I did my first marathon (Brighton) and then cycled 208 miles from Isle of Sheppey to Burnham-on-Sea in a day. Next, I did my first Ironman in 2018. I completed the London Marathon

"The care that the Hospice provided not only to Richard but also to our family was second to none. It really touched us and showed me how crucial the Hospice is – and how it isn't just for a particular age group."

and two more Ironman events in 2019 but then 2020 arrived, events were cancelled. I knew that must affect the Hospice's income and so I decided to double my efforts in 2021. That's when the opportunity came along to do the world's longest single day triathlon, my biggest challenge yet (5km swim, 200km bike ride, 50km run). Shortly followed by three marathons and a 100km walk.

There are hundreds of people, friends and businesses, I'd love to thank for always supporting me. The people around me donating year on year are the amazing ones really.

My proudest moments are not just collecting the medals. The best bits are when people tell you why they are sponsoring you, why they also want to help the Hospice and how the Hospice helped their family. Those moments keep me going.

The Hospice isn't there for a particular generation, it is there for us all. The harsh reality is that we or someone close to us will need it one day. My fundraising isn't



Read Steve's fundraising journey at www.justgiving.com/steve-lindsey7

just about the people that need it today, it's about us and our loved ones who will need it in the future too.

If I can motivate someone to do a 5K or 10K run, or a bike ride or anything else, then we can all pass it on. The best advice I can give anyone thinking about fundraising and taking on a challenge, is to simply go for it. You don't have to be superhuman. You just have to take the first step."

Steve has raised over £19,556 for the Hospice in the last 5 years, he's hoping to exceed £20,000 by the end of 2021.



Children's Service Update

You might remember that we first announced the launch of a service for Children & Young People in early 2020, just before the COVID pandemic affected the UK. Since then, we have all experienced numerous lockdowns and different COVID restrictions which meant it was not possible to move forward with the launch of the Service. We have now resumed the launch of the Service, and will start to provide care for children in 2022.

What will we provide?

The service will be home-based. This means we will visit children and young people in their own homes, providing support, advice, medical reviews and much more for children with life-limiting conditions. We will provide support for the whole family. Caring for a very sick child or teenager can put a huge strain on a family,

and our service will support parents, siblings and anyone close to the child.

In time, we will also provide day activities for children and their loved ones. These will focus on celebrating life and creating special memories for families who may otherwise struggle to do things like movie nights or family days out.

We'll start by listening

The first thing we will do is engage with local families. We will hold sessions and meetings to hear the experiences and needs of children, young people, their parents and siblings, so we can design a service which truly meets their needs.

When?

The service will launch in 2022. Right now, we are running engagement sessions and meetings to listen to the needs of local families. You can find out more or sign up to attend on our website.

In Partnership

We will work with other local providers of care for children, including hospitals, other Hospices, schools and more. Children are likely to be under the care of 'tertiary centres' – large specialist Hospitals such as Great Ormond Street or the Evelina Hospital. At present, children and families need to visit these centres frequently to get the care they need.

By working with these organisations we will provide a service much closer to home, reducing the need for hospital trips and easing the strain on families facing a very difficult time.



To find out more about the launch of our Service for Children and Young People, visit our website and sign up for email updates.

For more information contact Tor Edwards, Development & Communications Director, on 01892 920 502 or tor.edwards@hospiceintheweald.org.uk

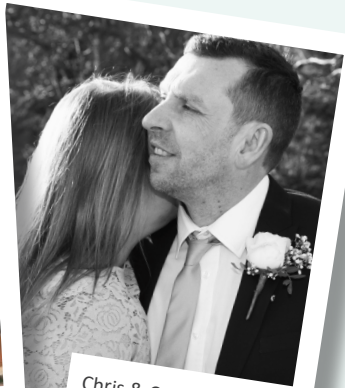
Caroline's Story



Chris & Caroline



Chris, Caroline and their son Thomas



Chris & Caroline on their wedding day in 2020

At the age of just 44, Chris was diagnosed with a tumour which meant his illness was not treatable. He was referred to Hospice in the Weald in January 2020. Caroline, Chris's wife shares how the support from Hospice in the Weald enabled them to live a normal family life with their son, Thomas and the family Dog, Dillon.

From his diagnosis in January, Chris was referred to the Hospice, but he was still feeling well and able to continue with his cycling, something that he was passionate about. His wife, Caroline explains "The Hospice began supporting Chris, but he didn't look or feel unwell. To me, the Hospice were just there in the background if we ever needed them – years down the line. And he definitely didn't need an end-of-life plan. He was normal Chris; our family life was normal."

A month later, Chris became unwell whilst at work, and he was rushed to Hospital, where they found 15 tumours in his brain, that had not been there in January.

Everything changed for the family.

"Chris told me I'd always been his unofficial wife for nearly 30 years. But on the 6th March 2020, we made it official. I am so pleased that we have the memories of that special day."

Three days after their wedding, Chris was rushed to Hospital and his family were told to say goodbye. Caroline tells us how she managed to sneak their family dog, Dillon into A&E.

"Nothing would wake him up without him having repeated seizures until we snuck Dillon into A&E. Chris's best (canine) friend jumped on him, licked his face and brought him back to us."

Chris spent four days in hospital before moving to the In-Patient Ward in Pembury. At the Hospice, his symptoms could be managed, and his family could stay with him. "The Hospice catered for everyone's needs, little things like putting food in front of me meant so much. Even finding dog treats for Dillon; yes, he stayed with Chris at the Hospice too."



"I thought people went to Hospices for end-of-life care; in my mind it wasn't about keeping people well enough to live their lives, helping them to go home or helping their families."

Chris and his family were able to return home a week after arriving at the Hospice, in time for his son Thomas's fifteenth birthday.

"Chris was an incredible Dad and partner. It is still painful, I still expect him to come through the door every evening. He should still be here, we should be making new memories and plans for the next mountain he could cycle up!"

"We enjoyed three more months living at home with the Outreach Nurses visiting us once a week. Chris was young and the fittest person anyone knew. The Hospice's 'what if' plan allowed life to be as normal as possible. We could leave the house with a level of confidence. We could walk the dog, see friends and family and Chris could still use his stationary bike at home."



Chris loved cycling, at any opportunity to be out on his road bike he would be. He'd completed the Hospice cycling event several times in the past. Never did we think he'd end up needing their support."

Chris passed away in June last year after being admitted to the Hospice for symptom control. Caroline has shared their story as part of our Light up a Life campaign this year, which focuses on the importance of remembering loved ones.

To read more about their experiences, visit hospiceintheweald.org.uk



Siobhan’s Story: Fund a Nurse Appeal

Siobhan remembers her mum Karen, who was cared for by the Hospice at home and on the In-Patient Ward. She describes what the Hospice nurses meant for her mum and family.

“ Just knowing you have the Hospice nurses there to help is so valuable. ”

“My mum was diagnosed with Ovarian cancer in 2013. She spent eight years fighting to live as long as she could. Facing terminal illness does give you a different perspective on what is really important. You focus on the every day, being loving and happy. We were already a very close family, but it means you don’t argue about the small things any more. Mum adored her family, and spending time in her garden, and with the help of the Hospice, we took each day at a time,

making the most of those everyday things. One of the biggest things the Hospice helped with was managing mum’s pain. In the last couple of years Mum used a wheelchair because of her pain levels as the cancer had spread. It made things like walking and going up and down the stairs very hard. It affected most things we did, but the Hospice showed us there is always a way to improve things and to make it easier for your loved one. We were referred to the Hospice’s occupational therapy team who helped us with equipment for the house. These things helped mum manage day to day and helped keep things as normal as possible.

Hannie, the nurse who visited mum at home, gave us so much support. She helped us so much with mum’s medication and managing her pain, making sure mum had everything she needed. We knew we could talk to her about anything. The Hospice nurses are always there when you need them. The team are there for the whole family, not just mum. It was brilliant for me, they always asked how I was doing too. I knew that I could ring with any concerns at any time of the day or night.

“ As someone in that situation, that is exactly what you need. You need to know that at the drop of a hat, you have someone to call on. ”

They deal with everything so quickly, when mum was experiencing symptoms or problems everything was put in place to help us so fast, whether it be a phone call, a visit or providing us with additional equipment to help with mum’s everyday life.



“ Supporting the Hospice this Christmas will mean more families like mine get that vital support from a Hospice nurse, at a time when they need it most. ”

Mum stayed at the Hospice on three occasions; two for pain control and the final stay was for end of life care. The nurses work so hard, they are so friendly and helpful, they are exactly who you need when you are facing one of the most difficult things. Mum had always said she wanted to be at the Hospice for end of life care and we can never truly thank the nursing team enough for allowing mum’s passing to be peaceful and pain free, just as she wanted. Hannie, Laura, Liz, Kim, Nicky and Julie to name just a few – they are all truly amazing, and we will be forever thankful for them all. Mum will always and forever be loved and missed by many.”

If you can, please join me in supporting the Hospice this year and making sure anyone who needs the care of a Hospice nurse will have them walk through their door, just like my family did.

Donate to help Fund a Nurse by completing the donation form, or visiting hospiceintheweald.org.uk

Step 2: Your Details

Title	First Name
Surname	
Address	
	Postcode
Telephone	Date of birth
Email	

- ☐ If you have supplied your email address please tick here to confirm that you are happy for us to use this to communicate with you about other Hospice related activity.
- ☐ I would consider leaving Hospice in the Weald a gift in my Will. Please send me information about the free Will writing service I can access through the Hospice.

Thank you for supplying us with your contact details. By choosing to make a donation, we believe you have a Legitimate Interest in hearing more about the work of Hospice in the Weald, and we will use your data to keep you up to date. At any time you can manage your preferences by visiting our website: ‘Our Supporter Promise’; or by phoning or writing to us.

Step 3: Gift Aid it

Gift Aid is a simple way to increase the value of your donation to Hospice in the Weald, at no extra cost to you. If you are a UK taxpayer, Hospice in the Weald can reclaim the basic rate tax (25%) on your donation. If you donate £20.00 using Gift Aid, this is worth £25.00 to Hospice in the Weald.



- ☐ Please tick the box and sign below.
- I would like Hospice in the Weald to reclaim tax on any of the donations I have made in the last 4 years and any future donations I may make. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

Signature	Date
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Please complete these details and send the form to:
Hospice in the Weald, Fundraising Department, Maidstone Road, Pembury, Tunbridge Wells, TN2 4TA or use the envelope enclosed.

Yes! I will help Fund a Nurse

Step 1: Type of Donation

One-off Gift

I wish to make a gift of ☐ £20 ☐ £35 ☐ £50 ☐ Other £ from my debit/credit card

Type of card	
Name on card	
Card number	
Start date	Expiry date
Issue number	Security code
<small>(if applicable)</small>	<small>(this is the last 3 digits printed on the back of the card on the signature strip)</small>

Regular Gift via Direct Debit

I would like to make a ☐ monthly ☐ quarterly ☐ yearly donation of: ☐ £5 ☐ £10 ☐ £20 ☐ Other £

Paying by Direct Debit helps to keep our costs down and means more of your money goes directly to the Hospice.



Please complete these details

Instruction to your bank or building society to pay by Direct Debit

8 3 9 5 4 2

To the Manager <small>(Bank/building society)</small>	
Address	
Postcode	
Name of account holder	

Sort code -- Bank/building society account number

Instructions to your bank or building society

Please pay Hospice in the Weald Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Hospice in the Weald and, if so, details will be passed electronically to my bank/building society.

Signature(s)	Date
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Banks and building societies may not accept Direct Debit instructions from some types of account

Cheque I enclose a cheque for £

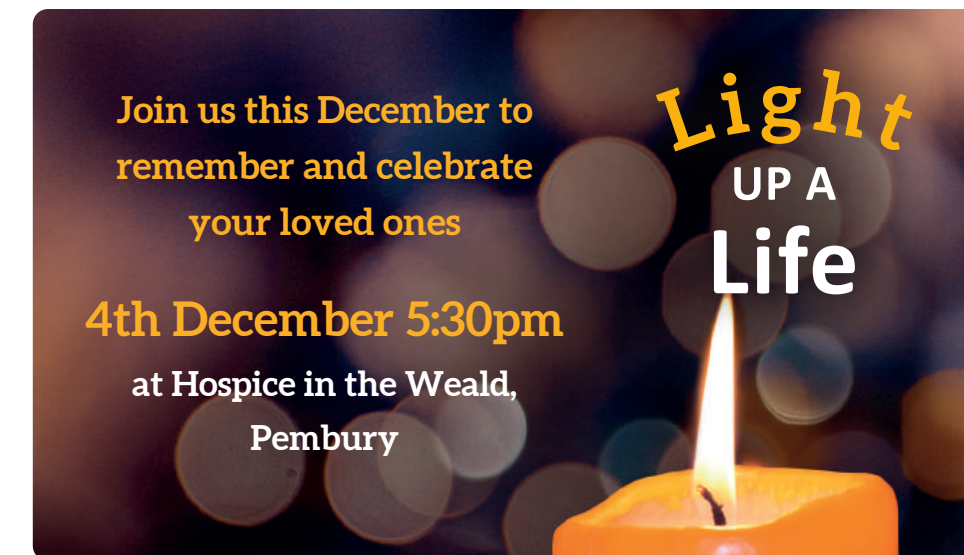
Please make payable to Hospice in the Weald.

Remembering Loved Ones at Light up a Life

The loss of a loved one can be felt more deeply during Christmas so we invite you to attend our Light up a life service, held in our beautiful Hospice Gardens to remember those you love during this festive season.

It may be your first Christmas without a loved one, or many may have passed. The service brings everyone together to support one another whilst sharing and reflecting on precious memories of those they hold close to their hearts.

The service will be recorded and available on our website for those who cannot attend.



Add to our dedication page, via our website, to donate in memory of your loved one, and have their name included in the book of remembrance.

Light up a Life Services in the Community

St. Andrews Church, Paddock Wood
4th December 3.00pm

For information call Jean Sagers 01892 833 171

The Salvation Army, Freehold
East Peckham, 16th December 6.30pm

For information call Sue Morrell 01622 871 150

For more information about Light up a Life and remembering your loved one please contact Gemma Millen, Relationship Fundraising Manager, on **01892 820 533** or email gemma.millen@hospiceintheweald.org.uk



Remembrance Robins

Launching in the new year is our brand new campaign, Remembrance Robins. Derived from the common saying, “**Robins appear when loved ones are near**”, the robin symbolises new beginnings, determination and grace. A fitting description of how many of us come to terms with bereavement.

Robin-themed watercolour workshops, run by a local watercolour artist, will help to channel reflection and peace of mind whilst creating something beautiful in memory of a loved one.

Join us to craft a beautiful handmade robin out of clay. Each bird will be unique, and can be placed in a personal remembrance spot of choice.

Robins will be created at workshops and available for sale in the spring.

Robin Watercolour Workshops with Kerry Bennett

Hospice in the Weald, Pembury

Saturday 29th January – 10am

Saturday 5th February – 10am

Cottage Hospice, Five Ashes

Saturday 22nd January – 10am

Robin Clay Making Sessions

Hospice in the Weald, Pembury

Wednesday 12th January – 10am

Tuesday 25th January – 6pm

Saturday 29th January – 1pm

Wednesday 2nd February – 10am

Saturday 5th February – 1pm

Saturday 26th February – 1pm

Cottage Hospice, Five Ashes

Friday 21st January – 10am

Wednesday 9th February – 6pm



Book to attend at
hospiceintheweald.org.uk

For more information visit hospiceintheweald.org.uk or contact Gemma Millen, Relationship Fundraising Manager, on **01892 820 533** or email gemma.millen@hospiceintheweald.org.uk

Christmas Cheer!

There are so many ways to support your local Hospice whilst embracing the Christmas spirit. For more ideas or to get involved with your own festive fundraiser, visit our website.

Christmas Cards

This year we bring you a colourful and bright range of Christmas cards, including four exclusively designed cards that you won't find anywhere else! Find them in Hospice in the Weald charity shops and on our online shop. Our exclusive designs are always extremely popular, and we hope this year delivers you some new scenes that you're even more fond of. Each design has been hand painted by talented artists.



The Popular Pantiles Scene is back this year

To buy your Christmas cards, visit your nearest Hospice in the Weald charity shop or order them at hospiceintheweald.org.uk

New this year we see the additions of local scenes from Chartwell, Churchill's famous Kent residence, Cranbrook, a historic high street with a stunning mill and the grand Penshurst Place covered in snow.

The gift that keeps on giving

Looking for inspiration for that perfect gift this Christmas? We have just the ticket! Treat your loved ones to a lottery membership and gift them the chance to win up to £1,500 every single week! A gift that brings excitement and joy long after the soap on a rope has dwindled, and what's more, each subscription is lovingly wrapped and packaged ready to gift.

Gift memberships start at just £20 for 10 weeks and every penny supports the amazing work of Hospice in the Weald. Players must be over 16 years of age.

Visit hospiceintheweald.org.uk to buy your lottery gift membership



Stitch a Stocking!

These perfect gifts are back. Find our stockings for sale in Hospice in the Weald shops or online, complete with a sweet treat!

Christmas Jumper Day Friday 17th December 2021

It's that time of year when we ask you to don your Christmas knits, for Hospice in the Weald! Wear & share your Christmas Jumper photos at school, work or home via social media and join the fun.



Join in the Festive Fundraising and snap a shot in your Christmas Jumpers! Share with us on social media, by tagging Hospice in the Weald and donate on our website, at hospiceintheweald.org.uk



Christmas Market 27th & 28th November Hospice in the Weald, Pembury

This year's Christmas Market is set to be our best yet, with over 40 stalls with amazing crafts and food.

A fun festive day for all the family, including crafty Christmas workshops, and the chance to visit Father Christmas in his Grotto. Bring your friends and family and enjoy making your very own Christmas wreath, or creating your own Christmas wrapping paper.

There is also the chance to beat the rush at a VIP evening, enjoy a glass of fizz and get your shopping done too!

Book your activities online...

- Wreath-making workshops
- Wrapping paper workshops
- Visit Father Christmas in his grotto

Visit hospiceintheweald.org.uk to book your places!

To book your place, please visit our website or contact Kathryn Cracknell, Relationship Fundraising Co-ordinator on 01892 820 533 or kathryn.cracknell@hospiceintheweald.org.uk

Something New for 22!



Embrace the new year spirit and join us for a fantastic challenge in 2022

As well as raising money for Hospice in the Weald, your challenge will see you achieve your goals and improve your physical and mental health too. A whole new you, for 2022!

Whether you take on a trek, swim, a half or full Marathon, the London to Brighton Bike Ride or a gentle Moonlight Walk – there is a challenge to suit everyone, of any age and ability on our website. **Join #TeamWeald with something new for 2022.**



Steve has set himself a number of fundraising challenges over the years, including the London Marathon. To read more about his story, visit page 4.

“I know the fundraising I do is a relatively small amount but if there can be lots of people raising small amounts then it all adds up. The Hospice has done some amazing things over the years for many, many people and we need to keep that going.”

London Landmarks Half Marathon 3rd April 2022

Not your average 13.1 miles. The London Landmarks Half Marathon starts on Pall Mall, finishes by Downing Street and will see you take in London's most iconic landmarks.



Moonlight WALK

25th June 2022

Back for 2022, we can't wait to welcome walkers to take part in this fantastic, popular event once more. Join us for an evening you won't forget.



Set yourself any goal and fundraising target and we'll be with you every step of the way. Whether you choose to walk, cycle, run, swim or something else entirely, we'll provide you with plenty of fundraising support.

For more ideas and inspiration, visit
hospiceintheweald.org.uk

For more information visit hospiceintheweald.org.uk to set your challenge, or contact Kinga Korzeniewska, Relationship Fundraising Assistant on **01892 820 533** or kinga.korzeniewska@hospiceintheweald.org.uk

Look at all you've done

Thank you to all of our wonderful supporters who became Hospice Heroes this year!



Huge thanks to longstanding supporters **David and Sonia Burt**, who recently held a car event which raised a fantastic £8,400. It was a wonderful day with over 80 vehicles exhibiting and hundreds of people in attendance.

Fuller's Farm Shop, Tunbridge Wells, have always been fantastic supporters of the Hospice in the Weald. This year, June Fuller bought together a team of 8 runners to complete the London Landmarks Half Marathon. June was joined by Amelia, Millie, Maria, Rosi, Olivia, Nicola and Lillie. The team have gone on to raise an incredible £8,969!



We would like to say a massive thank you to **Steve Lindsey** who completed his 255 Triathlon for Hospice in the Weald! Steve cycled 200km, ran 50km and swam 5km and completed it all in under 16 hours! Read Steve's story on page 4.



Thank you to **Sue Cackett** who has raised a staggering £2,000 through the sale of hand made face masks in the Frant Village shop.



A huge thank you to **Eva**, 10 and **Max**, 7 for raising an awesome £378 from their summer bake sale, in memory of their NanNan. Eva did such a fantastic job of making and icing the cakes, and Max had a great sales technique to get their friends and neighbours to donate!

Thank you to everyone who took part in the Starlight Stroll! You're all amazing and raised over £26,000.



A big thank you to **D.C Groves & Son Removals** and to all their customers. Their most recent donation totalled a wonderful £186.66. Thank you for your ongoing support.



A huge thank you to **Glen Goodall** one of our amazing Ambassadors who raised a massive £700 from his London Bridges Trek.



Thank you to **BDW Homes Kent Sales Team** who came and 'beat the mountain' at our Sevenoaks Warehouse.



We would like to say a massive thank you to the **Tonbridge and Tunbridge Wells Cribbage league** who this year have raised £756.87.



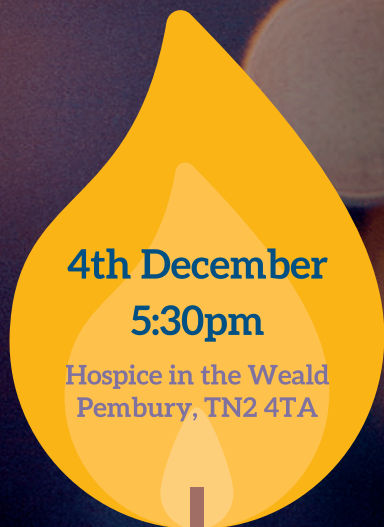
Thank you to **Chipstead Football Club** for their support, once again, with their annual football tournament - raising an amazing £1,500 through entry fees and a raffle!

A huge thank you to **Doreen Hodges** who has knitted an astonishing 800 stockings and knitted decorations for the Stitch-a-Stocking campaign already! These will make fantastic gifts this Christmas thank you!



This year the amazing Hospice in the Weald supporters had over 60 places in different challenge events, including the London Landmarks Half Marathon, Brighton Marathon, London Marathon and Royal Parks Half Marathon. Let's hear it for every single runner that has joined **#TeamWeald** and raised an incredible amount!





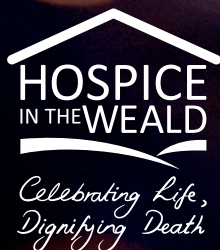
4th December
5:30pm

Hospice in the Weald
Pembury, TN2 4TA

Light UP A Life

**Join us this December to
remember and celebrate
your loved ones**

Join us at the Light up a Life
Service on Saturday 4th
December at the Hospice
in Pembury at 5.30pm



For more information, please visit our website
hospiceintheweald.org.uk or contact Gemma
Millen, Relationship Fundraising Manager on
01892 820 533 or email
gemma.millen@hospiceintheweald.org.uk

